## **INDIVIDUAL**

		INDIVIDUAL
Bike	1 ea	In good repair, tires/brake pads/drive train in good condition/tubeless fresh sealant
Helmet	1 ea	recommend light/comfortable
Riding gloves	1 pr	recommend short finger, that can fit over liners if it is cold
Sunglasses	1 pr	
Riding Shoes	1 pr	if comfortable for riding and camp, 1 pair only
light sandals	optional	if bike shoes are not comfortable for camp, or if want flipflops for camp
Riding Socks	2 pr	not cotton
Sleeping Socks	1 pr	not cotton
Padded Bike Shorts	1 pr	
Bike Shorts Shell	1 pr	
Bike jersey/shirt	1 ea	short sleeved
long sleeve riding shirt	1 ea	not cotton
light warm glove liners	1 pr	
light warm hat	1 ea	
light sun hat	optional	
thermal top	1 ea	
thermal bottom	1 ea	
light compressible		
jacket	1 ea	insulating
light rain jacket	1 ea	or garbage bag emergency poncho. consider this for budget:
underwear	1 pr	
camp pants,		
convertible	1 pr	not cotton
camp shirt	1 ea	
sleeping bag/quilt	1 ea	small, compressible, 40 degree minimum
sleeping pad	1 ea	light, small
headlamp	1 ea	
extra batteries	1 set	for headlamp
handlebar bag	1 ea	
frame bag	1 ea	
seat bag	1 ea	
camelbackstyle		
backpack	1 ea	at least 4 total liters water capacity needed between pack and bottles
water bottles	as req	at least 4 total liters capacity needed between pack and bottles
spare chain links	2 or 3	specific to drivetrain
quick link	1 ea	specific to drivetrain
spare tube	1 ea	specific to tire
toothbrush	1 ea	
deodorant (travel size)	1 ea	not anti-perspirant
phone	1 ea	
earbuds	1 pr	
charging cable	asreq	
inflatable pillow	optional	
titanium mug and lid	optional	if you have one
bandana	1 ea	
paper towels		
mini dry bags	optional	for organizing
garbago bag		

garbage bag

## **GROUP**

ground cloth(s)

toothpaste

ibuprofrin

battery pack

solar panel

water filter

collapsible water bladder, 2L (2)

chain tool

chain lube, dry

CO2 cartridges (2)

CO2 cartridge adapter

shraeder to presta adapter

usb wall adapter

Butt Butter/Body Glide

sunscreen

hand sanitizer

lighter (3)

cup (1 per)

spork (1 per)

MSR Whisperlight Stove, Multifuel

Stove fuel bottle w/ white gas to start

stove repair parts

stove windscreen

small pot

mini spatula

small skillet?

pot handle

ultralight grill and skewer (2)

clothesline/carabiner/tensioner

mapset

gps/sat comms/charge cable

odometer

overhead silnylon tarp shelter (size for group)

tarp shelter guy line/stake/tensioner kit

pen

paper

firestarter

insect repellant

biodegradable soap

pot cleaner/scaper/brush

first aid kit (augmented with bandages)

sleeping pad patch kit

toilet kit (micro spade/TP/hand sanitizer)

patch kit w/ extra patches

tire lever (2)

tire boot

pump (2)
shock pump (1)
zipties
bike multitool
leatherman
gopro
gopro batts
gopro mounts
gopro charge cable
compass
stanz sealant, 2oz
derailuer cable
hose clamp
duct tape
electrical tape

repair tape
extra xpd cleat and bolts
sew kit
tubeless tire repair plug kit
extra tubeless valve
crazy glue
extra allen bolts
cleaning cloth
straps
valve core removal tool
dropper post e-clamp

salt/pepper tapatio waxed paper aluminum foil olive oil instant soups electrolite beverage powder instant coffee tea hot chocolate bullion oatmeal ramen jerky energy bars trail mix curry paste salami food, packed for next leg